

I AM COMPLETE Guided Transformation Recordings

Over the years I have composed 7 guided recordings or meditations to assist one on their soul journey. This is the first time for them to be presented together to display their worth as a body of work for transformation, ascension, freedom, increased overall wellbeing, and enhancement of the excitement for life.

Below, I describe briefly the purposes of each recording and a short summary of their benefits. I am describing them in the order that I suggest you use them. After going in this order, you can use them to fit the needs you have at any moment.

Planetary Ascension Gateway

Purpose – To assist you in awakening your consciousness and freeing some of the energetic entanglements you have with our fellow humans.

Summary of Benefits

- The expansion of your electromagnetic field surrounding your body via connecting with your heart in gratitude. A process proven by the science of the Heart Math Institute to easily achieve this.
- Being immersed in a gateway from the Creator to enhance you in so many ways that are specific for you.
- To assist in unraveling some of the entanglement of your consciousness energetics with your fellow humans throughout history.
- You will feel freer, lighter, and in better alignment in our planetary ascension.

Inner Child Activation

Purpose – To connect you with your archetypal Inner Child who knows what you came here to Be and to do; who knows how to live life with a “sense of wonder, play, and adventure.” To transcend your life into the excitement of living again.

NOTE: It is very important that you do this activation *several days in a row* in order to solidify this relationship with your true Inner Child. You should establish an intuitive communicative relationship daily to enhance your daily consciousness into Being in a sense of wonder, play, and adventure.

Summary of Benefits

- To start to live the purposes of the life you came here to live.
- To start to live life with passion, adventure, and in a more playful reflection.
- To see and experience the magic in the universe around you as the Inner Child connection will open you up to the wonderful experiences in this world.
- You will be happier and you will have more energy for living life.

River of Love

Purpose – To assist you in letting go of something and filling in that void with Love. This recording will have you also experience the bliss of “Oneness.”

NOTE: There may be layers or multiple energetic hooks related to what is troubling you so, use this recording multiple times along with other resources to assist you.

Summary of Benefits

- Letting go of anything troubling you emotionally, mentally, physically, and spiritually.
- To experience the Power, Wisdom, and Love you have and to expand it!
- To experience being immersed in Love and the expansion into Oneness.
- To smile again or more often throughout your day.

Sit with God – Sit with Divinity Within

Purpose – To connect you with The Divine within you; to establish inspirational insights and the subtle communication with your Divinity; and to improve your life in infinite unexplainable ways.

Summary of Benefits

- To never feel you are alone.
- To increase your intuition and harmonious cohesion with the Universe around you.
- To increase your creative insights that inspires your daily life.
- To enhance your overall wellbeing and joy of life.

Ancient Egyptian Crystal Healing Bowl in the Key of David

Purpose – To be used to complement other resources you are using to assist you in healing anything emotionally, mentally, physically, and spiritually that is hindering you, along with assisting you in de-stressing.

NOTE: This crystal bowl is in the Key of David. Just put your awareness on whatever you wish to transcend or heal and let the frequency to enhance this transmutation that you desire.

Summary of Benefits

- To assist you in releasing or transmuting something your desire to transcend or heal.
- To assist with stress or anxious nervous energy.
- To purge negative energies.
- To help you fall asleep in a peaceful transcending way.
- To increase your overall body consciousness frequency.

An Authentic 5D Star Gate Experience

Purpose – To provide you with the experience of 5D to integrate and embody for the enhancement of increasing your frequency and consciousness.

Summary of Benefits

- To assist your passage into the 5D reality of the new Earth as you integrate and embody more 5D.
- To initiate, activate and support your ascension.
- To increase your consciousness and awareness.
- To transmute negative and denser energy you may be embodying at the moment.

I AM COMPLETE

Purpose – To get your body consciousness energetics resonating the completion of you. Meaning that, you are resonating the frequency of your Divine Blueprint and your Soul's purposes to assist you into completing them.

Summary of Benefits

- To get your body to resonate a frequency that attracts and brings in life experiences in order to fulfill your Soul's desires.
- To achieve the feeling of wholeness as you live life.
- To experience the absolute abundance in the fulfillment of your life missions!
- Overall happiness and appreciation of life.

Another Key to Live Your Best Life

Our superpower is Dreaming. We bring forth things in our lives through our creative abilities whether we are consciously aware of it or not. At my website I give some guidance on Dreaming along with free recordings I did live daily with a group. Please, learn more about Dreaming use this [LINK](#)

Insightful Intuitive Guidance

When you show-up in life, and in a session with Robert, wonderful things transpire! Continue to move your life forward and in a positive direction spending some time in a One-on-One Session with Robert. To do so, use this [LINK](#).

For a *personal inspirational recorded message* for your day, use this [LINK](#)!